



## Important Information for CFR's on COVID-19

### What Protection do I need to use as a CFR?

Please see the guidance from the national ambulance document [here](#).

This was also emailed to all CFRs on 12<sup>th</sup> March.

### Will I get sent to a known COVID-19 patient?

We have AOC procedures in place which means that all CFR will be **stood down** when a known COVID-19 patient is identified.

### What does it mean to self-isolate?

This quite simply just as it sounds, that you should remain at home and not go out and about. Don't go to work or to public areas, don't use public transport or taxis etc. until you have been told you are safe to. The purpose of this is to reduce the risk of further transmission. Full guidance is available [here](#).

### If I am self-isolating as I have a cough, temperature or have travelled back from a known location who should I tell?

If you decide to self-isolate, please let your local co-ordinator and CRM know and **do not** respond to patients for the time you are self-isolating.

### How do I effectively clean my kit?

Continue to follow normal cleaning habits and use Clinell wipes.

### I do not feel comfortable responding to patients at this current time.

All CFR have the opportunity to stand-down from specific calls, or from responding for a period of time, and this is not different.

If you feel you are unable to respond, please let your co-ordinator and CRM know. We will update your database entry, so we are aware that you have stood-down.

When you feel able to return to responding, please let your co-ordinator and CRM know to revise your database entry.

**Please note:** This document on Novel Coronavirus (COVID-19) will be continually updated as the situation remains dynamic with further information and advice.

Please continue to check the updated EEAST **FAQs** on Need to Know here

For the latest **public advice** please visit:

**[Public Health England website blog - what you need to know at Coronavirus](#)**

**[NHS UK website - Coronavirus](#)**