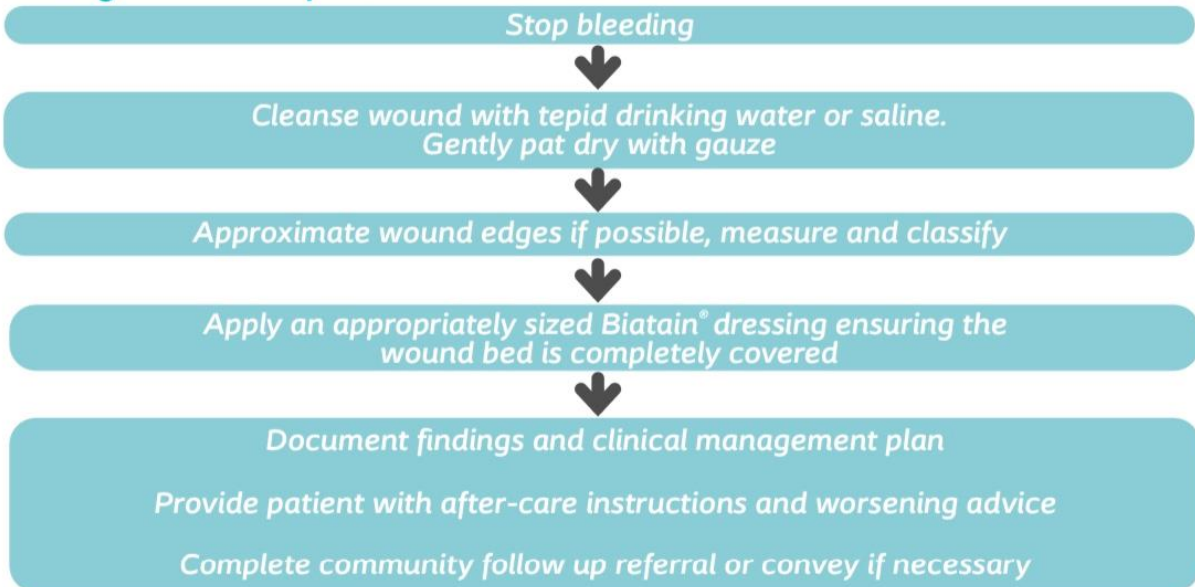


Skin Tear Pathway

Management Plan for Skin Tears



Classification System¹

No Skin Loss

A Type 1 skin tear is where a linear flap can be repositioned to cover the wound bed



Partial Flap Loss

A Type 2 skin tear has partial flap skin loss - the flap does not cover the entire wound when repositioned



Total Flap Loss

A Type 3 skin tear has total flap loss leaving the wound bed exposed



Main Goals of Treatment

- Treat the cause
- Promote moist wound healing
- Avoid trauma
- Protect periwound skin
- Manage Exudate
- Avoid infection
- Pain control

Adhesive strips are no longer a preferred treatment option of choice for skin tears (ISTAP, 2019)

RED FLAGS

**EXCESS DEPTH / UNCONTROLLED BLEEDING
BONE OR TENDON INJURY SUSPECTED**



1. Choose Biatain® Silicone Lite dressing size to overlap intact skin by approximately 2cm and apply, trying to keep the flap well in place
2. Date and arrow the dressing with arrow head pointing away from intact skin and leave for up to 7 days
3. Remove dressing in the direction of the arrow



This information is for general guidance only and should not replace clinical judgement.

1. ISTAP Skin Tear Classification, LeBlanc, K., Baranowski et al. Advances in Skin and Wound Care June 2013. View the full classification at www.skintears.org/educator/toolbox/istap-skin-tear-classification/

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