

# World Suicide Prevention Day **From Grief to Hope**

**10 September 2021 – 9.15am to 1pm**

Chair: Dr Jo Farrow, Deputy Medical Director, HPFT

- 9.15** | **Welcome and introduction**  
Prof Asif Zia, Executive Director of Quality and Medical Leadership, HPFT
- 9.30** | **From mum bereaved by suicide to advisor for suicide prevention, the journey so far**  
Susan Willgoss, Founder of Hope for Danny, Advisor for Suicide Prevention with Lived Experience, Norfolk and Suffolk NHS Foundation Trust
- 10.00** | **Suicide risk in older adults-creating hope through action**  
Dr Venkatesh Malipatil, Consultant Psychiatrist, Mental Health Services for Older People. HPFT
- 10.30** | **Public health and suicide prevention**  
Dr Manawar Jan-Khan, Health Improvement Lead – Mental Health & Suicide Prevention, Public Health, Hertfordshire County Council  
Shelley Taylor, Health Improvement Lead – ICS Suicide Prevention
- 10.40** | **Using simulation to prevent suicide**  
Dr Rakesh Magon, Deputy Medical Director, HPFT
- 10.50** | **Exploring faith as a protective factor in suicide prevention**  
Anne Hunt, Deputy Director of Nursing and Partnerships, HPFT
- 11.05** | **Break**
- 11.20** | **Michelle's journey**  
Michelle Karpus, Expert by experience
- 11.45** | **Schwartz round**  
Facilitated by Andrew Nicholls, Consultant Clinical Psychologist, Clinical Director of Psychological Services, HPFT NHS Trust
- 12.45** | **Close**  
Tom Cahill, Chief Executive, HPFT

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